

COMPETITIVE SQUAD TRAINING SCHEDULE

Effective: 1 February 2025

February 2025		Banksia	Acacia	Wattle	Waratah	Bottlebrush	Events
		James Greathead	George Hanretty	Daniel Benvenuti	Anne Donaire	Matt Wilson	
1/02/2025	Sat AM	6am - 8am	6am - 8am	6am - 8am	6am - 8am		Carnival 8.00am-4.30am
2/02/2025	Sun						
3/02/2025	Mon AM	5am - 7am	5am - 7am	5am - 7am	5am - 7am		
	Mon PM	4pm - 6.30pm	4pm-6.15pm	4pm - 6.30pm		4pm - 5.15pm 5.15pm - 6.30pm	
4/02/2025	Tue AM	5am - 7am	5am - 7am	5am - 7am			
	Tue PM				4pm - 6.00pm	4pm - 5.15pm 5.15pm - 6.30pm	
5/02/2025	Wed AM	5am - 7am	5am - 7am		5am - 7am	5.45am-7.00am	
	Wed PM	4pm - 6.30pm	4pm-6.15pm	4pm - 6.30pm			
6/02/2025	Thu AM	5am - 7am	5am - 7am	5am - 7am			
	Thu PM				4pm - 6.30pm	4pm - 5.15pm 5.15pm - 6.30pm	
7/02/2025	Fri AM	5am - 7am			5am - 7am	5.45am-7.00am	
	Fri PM	4pm - 6.30pm	4pm- 6.15pm	4pm - 6.30pm		4pm - 5.15pm 5.15pm - 6.30pm	
8/02/2025	Sat AM	6am - 8am	6am - 8am	6am - 8am	6am - 8am		
9/02/2025	Sun						
10/02/2025	Mon AM	5am - 7am	5am - 7am	5am - 7am	5am - 7am		
	Mon PM	4pm - 6.30pm	4pm - 6.15pm	4pm - 6.30pm		4pm - 5.15pm 5.15pm - 6.30pm	
11/02/2025	Tue AM	5am - 7am	5am - 7am	5am - 7am			
	Tue PM				4pm - 6.00pm	4pm - 5.15pm 5.15pm - 6.30pm	
12/02/2025	Wed AM	5am - 7am	5am - 7am		5am - 7am	5.45am-7.00am	
	Wed PM	4pm - 6.30pm	4pm - 6.15pm	4pm - 6.30pm			
13/02/2025	Thu AM	5am - 7am	5am - 7am	5am - 7am	5am - 7am	5.45am-7.00am	
	Thu PM						Carnival
14/02/2025	Fri AM	5am - 7am	5am - 7am	5am - 7am	5am - 7am	5.45am-7.00am	
	Fri PM	TBC	Cancelled	Cancelled		Cancelled	Carnival 2.00pm-9.00pm
15/02/2025	Sat AM	6am - 7.30am	6am - 7.30am	6am - 7.30am	6am - 7.30am		Carnival 7.30am-6.30 PM
16/02/2025	Sun						
17/02/2025	Mon AM	5am - 7am	5am - 7am	5am - 7am	5am - 7am		
	Mon PM	4pm - 6.30pm	4pm - 6.15pm	4pm - 6.30pm		4pm - 5.15pm 5.15pm - 6.30pm	
18/02/2025	Tue AM	5am - 7am	5am - 7am	5am - 7am		5.45am-7.00am	
	Tue PM				4pm - 6.00pm	4pm - 5.15pm 5.15pm - 6.30pm	
19/02/2025	Wed AM	5am - 7am	5am - 7am		5am - 7am	5.45am-7.00am	
	Wed PM	TBC	TBC	TBC			Carnival 5.00pm-9.00pm
20/02/2025	Thu AM	5am - 7am	5am - 7am	5am - 7am	5am - 7am		
	Thu PM				Cancelled		Carnival 4.00pm-8.30pm
21/02/2025	Fri AM	5am - 7am	5am - 7am	5am - 7am	5am - 7am	5.45am-7.00am	
	Fri PM	TBC	Cancelled	Cancelled		Cancelled	Carnival 4.00pm-9.00pm
22/02/2025	Sat AM	6am - 7.30am	6am - 7.30am	6am - 7.30am	6am - 7.30am		Carnival 7.30am-6.00pm
23/02/2025	Sun						
24/02/2025	Mon AM	5am - 7am	5am - 7am	5am - 7am	5am - 7am	5.45am-7.00am	
	Mon PM	TBC	TBC	TBC		Cancelled	Carnival 4.00pm-8.00pm
25/02/2025	Tue AM	5am - 7am	5am - 7am	5am - 7am	5am - 7am	5.45am-7.00am	
	Tue PM				Cancelled	Cancelled	Carnival 4.30pm-9.00pm
26/02/2025	Wed AM	5am - 7am	5am - 7am		5am - 7am	5.45am-7.00am	
	Wed PM	TBC	TBC	TBC			Carnival 4.00pm-8.30pm
27/02/2025	Thu AM	5am - 7am	5am - 7am	5am - 7am	5am - 7am	5.45am-7.00am	
	Thu PM				Cancelled	Cancelled	Carnival 4.00pm-8.00pm
28/02/2025	Fri AM	5am - 7am	5am - 7am	5am - 7am	5am - 7am	5.45am-7.00am	
	Fri PM	Cancelled	Cancelled	Cancelled		Cancelled	Carnival

Training Cancelled

Training Change

Pool Session - Training Pool