COMPETITIVE SQUAD TRAINING SCHEDULE Effective: 1 January 2026

January 2026		Banksia	Acacia	Wattle	Waratah	Bottlebrush
January	2020	James Greathead	George Harnetty	Chelsea Black	Matthew Kearney	lan Park/Jorden Pavlovski
1/01/2026	Thu AM					
170172020	Thu PM					
2/01/2026	Fri AM Fri PM			Christmas	/New Year Break	
3/01/2026	Sat AM	8am - 9:30am				
4/01/2026	Sun	odin 5.00din				
5/01/2026	Mon AM	7am - 9am	5am - 7am	5am - 7am	5am - 7am	
	Mon PM	4:30pm - 6.30pm	4pm - 6.30pm	4pm - 6.30pm		4pm - 5.15pm
	Tue AM	7am - 9am	5am - 7am	5am - 7am		5.15pm - 6.30pm
6/01/2026		raiii - 9aiii	Sam - ram	Daill - Taill		4pm - 5.15pm
	Tue PM				4pm - 6pm	5.15pm - 6.30pm
7/01/2026	Wed AM		5am - 7am		5am - 7am	5.45am-7.00am
.,	Wed PM	4:30pm - 6.30pm	4pm - 6.30pm	4pm - 6.30pm		
8/01/2026	Thu AM	7am - 9am	5am - 7am	5am - 7am		Anna E 45mm
	Thu PM				4pm - 6pm	4pm - 5.15pm 5.15pm - 6.30pm
	Fri AM	7am - 9am	5am - 7am		5am - 7am	3. 13pm - 0.30pm
9/01/2026	Fri PM			4nm 6 20nm		4pm - 5.15pm
				4pm - 6.30pm		5.15pm - 6.30pm
10/01/2026	Sat AM	7am - 9am	6am - 8am	6am - 8am	6am - 8am	
11/01/2026	Sun	Zom Oom	Fam 7am	5am - 7am	Fom 7om	
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16/01/2026	Fri AM	7am - 9am	5am - 7am		5am - 7am	
	Fri PM			4pm - 6.30pm		4pm - 5.15pm
17/01/2026	Sat AM	7am - 9am	6am - 8am	6am - 8am	6am - 8am	5.15pm - 6.30pm
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Training Cancelled
Training Change
Pool Session - Training Pool
Training Offsite (Auburn)